

MATTHEW PULLOVER

By Aimee Sher



Inspired by Matthew Cuthbert of the Anne of Green Gables novels, the Matthew Pullover is a menswear-inspired, lightweight, & dependable sweater to keep you warm and comforted for years.

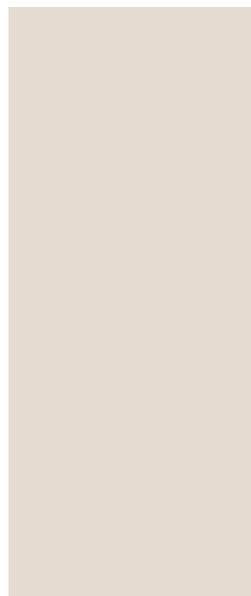
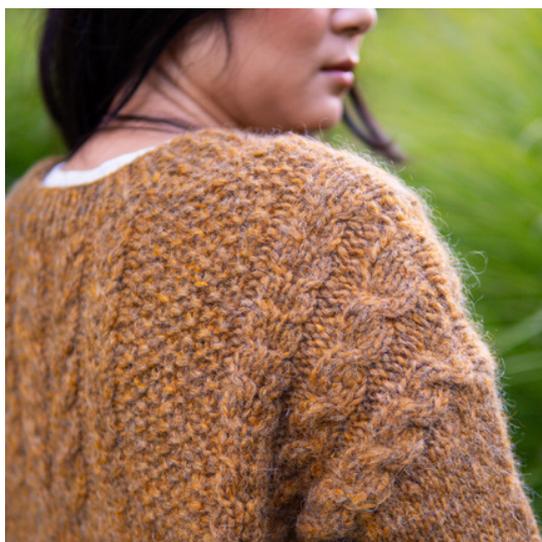
A generous crew neck is framed by cable texture on the front and back yokes. Worked bottom up, the swaths of large scale stockinette in woolen or unspun yarn is dependable and fluffy, keeping you warm all winter.

Unfussy and joyful to knit and wear, this pattern has lots of thoughtful fit details packed in, including optional bust darts for those who love menswear inspired knitwear but need a little more space in the front.

Coming October 5, 2023 on Ravelry and Payhip.

Designed in De Rerum Natura's Cyrano (held single) and Honer Och Eir's Nutiden (held double), this delightful pattern works up quickly at 14 sts per 4"/10 cm.

Try it in any chunky weight woolen spun or unspun yarn such as Brooklyn Tweed Quarry, Plotulopi, or Wooldreamers Manchelopi.



- In 10 sizes for full bust measurements of 30-66" / 75-167.5 cm,
- Up to 5" / 12.5 cm extra vertical coverage in bust darts.
- Boxy body fit with 7" / 18 cm intended ease.
- Knit a short or long sleeve version for different layering options.

Matthew Pullover

Matthew Cuthbert, from Anne of Green Gables, is dependable, loving, and steadfast. His character and nurturing of Anne looms large over the series. The Matthew Pullover is inspired by him, and reflects the kind of knitting that I find soothing, rhythmic and calming. This knitting process is a meditation of cocooning warmth, and gentle, unspun yarn. The mindfulness required for knitting unspun yarn gives the knitter time to contemplate all the ways this garment will be worn, holding the wearer in gentle warmth.

The menswear-inspired gansey shape with yoke texture is updated for today in an entirely seamless construction, creating something for the modern knitter with inspiration from old Swedish fiber breeds of Nutiden yarn.

This pattern features thoughtful shoulder bind offs and sleeve pick ups so that the entire pattern is worked without needing to seam using this delicate, beautiful yarn. It has been updated from the first version, and now has gentle underarm shaping, in the upper sizes, to reduce the bulk often seen in dropped shoulder patterns. It also has optional short row bust darts for those who need more vertical coverage in the front.

Specs

Size Selection

A (B, C, D) [E, F, G] (H, I, J) to fit actual upper bust measurement 31 (34.25, 37.5, 40.75) [44, 47.25, 50.5] (53.75, 57, 60.25)" / 77.5 (85.5, 94, 102) [110, 118, 126.5] (134.5, 142.5, 150.5) cm.

Finished bust circumference of the garment is 37.25 (41.25, 45.25, 49.25) [53.25, 57.25, 61.25] (65.25, 69.25, 73.25)" / 93 (103, 113, 123) [133, 143, 153] (163, 173, 183) cm.

Choose a size based on upper bust measurement. This pattern is designed for a full bust of ease of 7.25" / 18 cm. If there is at least 5" / 12.5 cm positive ease in the full bust measurement, you have the correct size.

The size chart this pattern was graded on has full bust measurements of 30 (34, 38, 42) [46, 50, 54] (58, 62, 66)" / 75 (85, 95, 105) [115, 125, 135] (145, 155, 165) cm. The front of the pattern is 0 (0, 0, 0.5) [1.25, 1.25, 1.75] (1.75, 2.25, 2.75)" / 0 (0, 0, 1.5) [3, 3, 4] (4, 6, 7) cm wider than the back to accommodate bust tissue.

Credits

Tech Editor: Heather Storta

Photos: Roy & Aimee Sher

Gray Sample: Gillian Frank

Admin Support: Symphony Chau

Pattern Support

support@aimeeshermakes.com

If the intended wearer has more bust tissue to accommodate, optional short row bust darts are included to add up to 5" / 12.5 cm length in the front. See page 4 for section on **Choosing a Cup Size** for more information.

This pattern was designed with 2.5" / 6.5 cm ease in the upper arm to balance the boxy body. Measure the upper arm where the edges of measurement D on the schematic falls to determine ease for measurement I. Instructions are given in the pattern for lengthening the armhole depth for knitting the next size up for sleeve. In sizes D and up, there are sleeve cap decreases on the sleeve which may be omitted for a larger bicep adjustment. For sizes A-C, work additional length in the arm holes and pick up for next size up.

Sample shown in size B with no bust darts, on a model with 34" / 86.5 full bust, 32" / 81.5 cm upper bust and 11" / 28 cm upper arm. It's being shown with 7.25" / 18.5 cm ease in the full bust, and 2.25" / 5.5 cm ease in the upper arm.

Gauge

14 sts x 22 rounds/rows = 4 x 4" / 10 x 10 cm, in Stockinette st knit in the round & flat on Needle A

14 sts x 22 rows = 4 x 4" / 10 x 10 cm, in cable texture pattern knit flat on Needle B

Materials

YARN SELECTION & YARDAGE

With unspun yarn, it's a good idea to buy 1 extra plate in case of ripping, swatching, and to accommodate any differences in milling, as the yarn can be more variable in density.

For the full length sleeves: 4 (4, 5, 5) [6, 6, 6] (7, 7, 7) plates of Nutiden, or 375 (400, 450, 500) [525, 575, 600] (625, 675, 725) grams of a similar unspun yarn, held double.

OR 1000 (1075, 1200, 1300) [1400, 1500, 1575] (1675, 1800, 1900) yards / 900 (975, 1100, 1175) [1275, 1375, 1425] (1500, 1600, 1725) meters of chunky weight yarn that gets gauge.

Full length sleeve sample shown in Nutiden in colorway Gyllengra.

For the sleeveless/vest version: 3 (3, 3, 4) [4, 4, 4] (5, 5, 5) plates of Nutiden, or 250 (275, 300, 325) [350, 375, 400] (425, 450, 475) grams of a similar unspun yarn, held double.

OR 625 (700, 775, 850) [900, 975, 1025] (1100, 1175, 1225) yards / 575 (650, 700, 775) [825, 900, 925] (1000, 1075, 1125) meters of chunky weight yarn that gets gauge.

Sleeveless/vest view shown in De Rerum Natura, Cyrano in colorway Poivre Blanc.

Bust darts add 10 (10, 10, 10) [20, 20, 20] (20, 20, 20) grams of unspun yarn or 20 (30, 30, 30) [30, 30, 40] (40, 40, 40) yards or meters per 1" / 2.5 cm added.

YARN SUBSTITUTION

My personal preference for this pattern is to use a yarn that has light grist for its wraps per inch labeling (or more commonly known as weight). A woolen spun yarn will have a lighter hand and weight, and hold more air (and thus be warmer and more insulating) than a worsted spun yarn. An unspun yarn will be even more so.

Alternatives to Nutiden, the unspun yarn used in the sample, include Lopi Plötulopi and Wool-dreamers Manchelopi. When using unspun, always purchase an extra plate, just in case, as each batch can change in its density and yardage depends on the conditions and season at the time of milling.

Alternatives to De Rerum Natura Cyrano, the semi-woolen spun yarn used in the second sample, include Brooklyn Tweed Quarry.

Any chunky weight yarn that gets gauges will work, but a non-woolen spun yarn will create a heavy garment.

NEEDLES

A: Main Fabric: US10 / 6 mm, in 32" / 80 cm circulars (or longer) and DPN's or size to obtain gauge

B: Cable Texture: US10.5 / 6.5 mm in 32" / 80 cm circulars, or size to obtain gauge to match main fabric

C: Rib: US8 / 5 mm in 32" / 80 cm circulars (or longer) and DPN's, or two sizes down from size to obtain gauge in main fabric

Spare needles of size B or smaller for three needle bind off.

DPN's may be substituted for another preferred way to work small circumference.

NOTIONS

Stitch markers, tapestry needle, stitch holders or waste yarn

Construction Notes

1. Garment is worked bottom up in the round, then split for front and back. There is some underarm shaping across sizes (except Size A-B) to make sure the drop shoulder edge lands in the mid upper arm across sizes. Shoulders are shaped with German Short rows, then joined with 3 needle bind off. The sleeves are picked up and worked in the round with sleeve cap shaping with German short rows. Then, the neckband is picked up and worked in the round.
2. An optional vest version is given where edging is worked directly on the arm holes.
3. Slip all markers as they are encountered.
4. The entire construction is seamless to avoid seaming with this delicate yarn.
5. Work all neckline bind offs and underarm shaping with sloped BO for best effect.
6. Decreases and short rows are worked during the cable texture. If any cable cannot be completed during a bind off or a short row turn, then omit the entire crossing. Once this happens, that cross will not be worked again and that chart is complete for the rest of the piece.
7. If bust darts are not desired, omit printing page 14 of pattern.
8. Charts are given both in the individual panels on the next page, and also in the form of the entire set up for each size, available on a separate file in your purchase.

Choosing A Cup Size

This pattern includes instructions for short row shaping for the breasts. They add a wedge to the front of the garment to add length. To choose a cup size, measure the intended wearer's body from the top of the shoulder to the underbust line in the back and the front. This may require help from a second person. Be sure that the back and the front underbust points are parallel to the ground. It may be helpful to tie a piece of yarn or string around the underbust point so that the measurement is consistent.

Subtract the back length from the front length, then subtract 2" / 5 cm from this number (because the pattern accommodates a 2" difference already). The remaining difference is how much you need to add. Each subsequent cup size adds 1" / 2.5 cm.

It's better to have slightly too few short rows than slightly too many. If you are in between or unsure, choose one cup size smaller.

Cup Size 1: Adds 1" / 2.5 cm

Cup Size 2: Adds 2" / 5 cm

Cup Size 3: Adds 3" / 7.5 cm

Cup Size 4: Adds 4" / 10 cm

Cup Size 5: Adds 5" / 12.5 cm

Bust darts add 10 (10, 10, 10) [20, 20, 20] (20, 20, 20) grams of unspun yarn or 20 (30, 30, 30) [30, 30, 40] (40, 40, 40) yards or meters per 1" / 2.5 cm added.

Tips for Working With Unspun/Woolen Spun

The recommended yarns are unspun and woolen. Both yarns are delicate and prone to breaking, but there are advantages too. Woolen and unspun yarns have less 'organized' fiber that go in all directions within the strand, and are loftier and airier as a result.

This makes them wonderful for insulation and creates very warm, very light garments. They have moderate (woolen) to very little (unspun) twist holding them together once the fabric is knit.

When choosing a view and a yarn, consider what finishes are desired. The challenges of working with these yarns means that some special techniques are needed to complete some elements of this pattern. Here are some of my tips:

1. When joining new yarn, I recommend using the spit felt join. These yarns are the perfect candidate for this invisible join. Bonus: no ends to weave in.
2. When sewing with this yarn, either to work

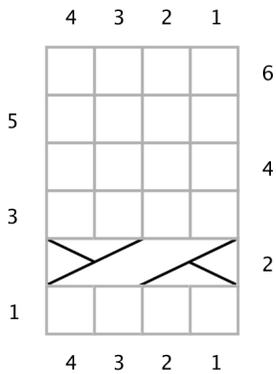
an alternative bind-off (such as Tubular) or to weave in ends, twist the end of the yarn while it's on the tapestry needle before sewing. The twisting action adds twist and 'spins' the yarn, adding strength for the seaming or bind off. This is part of why this pattern is worked bottom up, so that the areas that would require sewn bind off methods are in smaller areas, such as the neckline or the cuff.

- If the yarn breaks at any point, spit felt the ends together and continue.

If you'd like to learn more about how I work with unspun yarn, please view my YouTube video about it at <https://youtu.be/jHPTriX1LdE>.

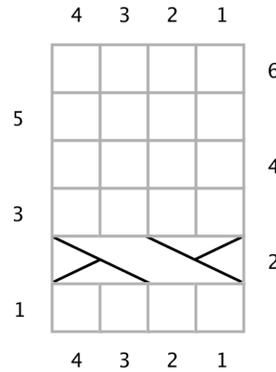
Charts

RIGHT CROSS



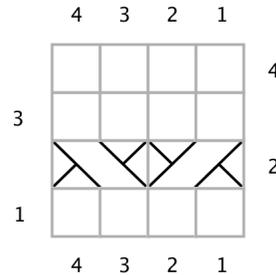
Row 1 and all WS rows: Purl. (4 sts)
 Row 2 (RS): 2/2 RC.
 Row 4: Knit.
 Row 6: Knit.
 Repeat Rows 1-6 for pattern.

LEFT CROSS



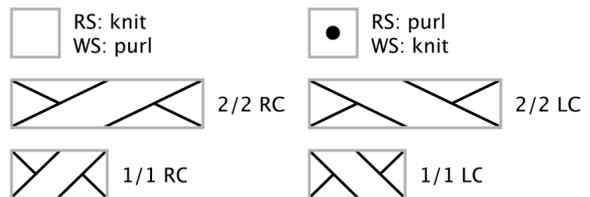
Row 1 and all WS rows: Purl. (4 sts)
 Row 2 (RS): 2/2 LC.
 Row 4: Knit.
 Row 6: Knit.
 Repeat Rows 1-6 for pattern.

DOUBLE CROSS



Row 1 (WS): Purl. (4 sts)
 Row 2 (RS): 1/1 RC, 1/1 LC.
 Row 3: Purl.
 Row 4: Knit.
 Repeat Rows 1-4 for pattern.

KEY



Special Stitches and Techniques

LONG TAIL CAST ON

<http://www.knitty.com/issuesummer05/feat-sum05tt.html>

1X1 RIB

Rnd 1: (K1, p1) to end.

Repeat Rnd 1 for pattern.

SEED STITCH

Row 1: (K1, p1) to marker.

Row 2: Knit all the purls and purl all the knits.

Repeat Rows 1-2 for pattern.

GERMAN SHORT ROW (MAKE DOUBLE STITCH)

(WS): With yarn in front, slip the next stitch purlwise. Bring the yarn over the needle, to back of work, drawing the legs of the stitch up the needle, creating a double stitch (DS). Bring yarn to the front between needles, ready to purl the next stitch.

(RS): Bring yarn to the front between needles, slip the next stitch purlwise. Bring the yarn up and over the needle, to back of work, drawing the legs of the stitch up the needle, creating a double stitch. Leave yarn in back, ready to knit the next stitch.

To resolve short rows, knit or purl into both legs of double stitch.

SLOPED BIND OFF

<https://www.purlsoho.com/create/sloped-bind-off/>

THREE-NEEDLE BIND OFF

With the RS of garment pcs facing each other (to form ridge on inside of garment), hold the needles parallel. With a third needle knit the first st of front and back needles together, *knit next st from each needle together, (2 sts on RH needle), BO 1 st; rep from * until all sts are BO.

Stitch Glossary

2/2 LC: sl 2 sts onto cn, hold in front, k2, k2 from cn

2/2 RC: sl 2 sts onto cn, hold in back, k2, k2 from cn

1/1 LC: sl 1 st onto cn, hold in front, k1, k1 from cn

1/1 RC: sl 1 st onto cn, hold in back, k1, k1 from cn

approx: approximately

BO: bind off

BOR: beginning of round

CO: cast on

cont: continue

cn: cable needle

dec('d): decrease(d)

DPNs: double-pointed needles

est: establish(ed)

inc('d): increase(d)

k: knit

k2tog: knit 2 together (1 st decreased)

LH: left hand

LN: left needle

m: marker

meas: measure(s)

n: needle

p: purl

patt(s): pattern(s)

p2tog: purl 2 together (1 st decreased)

pc(s): piece(s)

pm: place marker

rem: remain

rep: repeat

RN: right needle

rnd(s): round(s)

RH: right hand

RS: right side

sl: slip

sm: slip marker

ssk: slip, slip, knit (1 st decreased)

ssp: slip, slip purl (1 st decreased)

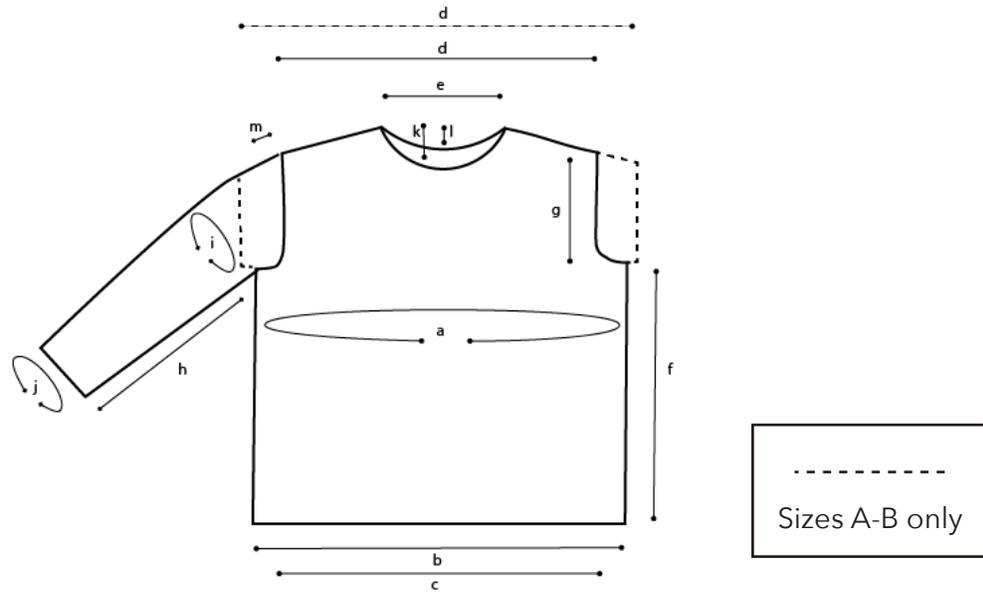
st(s): stitch(es)

st st: stockinette stitch

tog: together

WS: wrong side

Schematic



Size	Unit	A	B	C	D	E	F	G	H	I	J
To fit upper bust measurements	in	31	34.25	37.5	40.75	44	47.25	50.5	53.75	57	60.25
	cm	78.5	87	95.5	103.5	112	120	128.5	136.5	145	153
To fit full bust measurements	in	30	34	38	42	46	50	54	58	62	66
	cm	76	86.5	96.5	106.5	117	127	137	147.5	157.5	167.5
A- Bust circumference	in	37.25	41.25	45.25	49.25	53.25	57.25	61.25	65.25	69.25	73.25
	cm	93	103	113	123	133	143	153	163	173	183
B- Front width	in	18.5	20.5	22.5	24.75	27.25	29.25	31.5	33.5	35.75	38
	cm	46.5	51.5	56.5	62	68	73	78.5	83.5	89.5	95
C- Back width	in	18.5	20.5	22.5	24.25	26	28	29.75	31.75	33.5	35.25
	cm	46.5	51.5	56.5	60.5	65	70	74.5	79.5	83.5	88
D- Shoulder wingspan	in	19.75	21.25	21.5	22	22.5	22.75	23.5	23.75	24.75	25.5
	cm	49.5	53	53.5	55	56.5	57	58.5	59.5	62	63.5
E- Back neck width	in	7.25	7.5	7.75	8.25	8.25	8.5	9.25	9.5	9.5	9.5
	cm	18	18.5	19.5	20.5	20.5	21.5	23	23.5	23.5	23.5
F- Body Length	in	14.75	14.75	14.75	14.75	14.75	14.75	14.5	14.5	14.5	14.5
	cm	37	37	37	37	37	37	36	36	36	36
G- Armhole Depth	in	6.25	6.5	7.25	7.25	7.75	8	8.25	8.25	8.75	9
	cm	15.5	16.5	18	18	19	20	21	21	22	22.5
H- Sleeve length	in	17.75	17.5	17.25	17.25	17.25	17	17	16.75	16.75	16.75
	cm	46.5	45.5	45	45	45	44.5	44.5	44	44	44
I- Upper arm circumference	in	12	13.25	14.25	14.75	16	17.25	18.75	20	21.75	22.75
	cm	30	30	33	35.5	38	41.5	44.5	48.5	53	55.5
J- Wrist circumference	in	8	8.5	8.5	9.25	9.75	9.75	10.25	10.75	10.75	11.5
	cm	20	21.5	21.5	23	24.5	24.5	25.5	27	27	28.5

K- Neck drop, front: 4" / 10 cm
 L- Neck drop, back: 2.5" / 6.5 cm

M- Sleeve cap: 1.75" / 4.5 cm
 N- Shoulder drop: 1.75" / 4.5 cm