





HIBERNATE PULLOVER

A top down sweater featuring compound raglan and a polished v-neck

HIBERNATE PULLOVER

The Hibernate Pullover features a moderate v-neck and a compound raglan. This sweater is worked top down without any "at the same time" instructions. It features a comfortably sized armhole but not too oversized to fit into winter coats. The Hibernate Pullover is the perfect wardrobe staple to take you from autumn, to winter, and to spring again.

Use the attached coloring page to plan your perfect version. Knit it as shown, with a single color or color-blocked fluffy laceweight yarn held with fingering weight yarn, or for a more sleek, structured look, with a single strand of DK weight.



Credits

Tech Editor: Heather Storta Blue Sample: Hannah Graham Photos: Roy & Aimee Sher Support: Symphony Chau Support: Teresa Runnett

Pattern Support

support@aimeeshermakes.com

Size Selection

Sizes A (B, C, D) (E, F, G) (H, I, J) to fit actual upper bust measurements of 31 (34.25, 37.5, 40.75) (44, 47.25, 50.5) (53.75, 57, 60.25)" / 78.5 (87, 95.5, 103.5) (112, 120, 128.5) (136.5, 145, 153) cm.

This pattern was graded for actual full bust measurements of 30 (34, 38, 42) (46, 50, 54) (58, 62, 66)" / 76 (86.5, 96.5, 106.5) (117, 127, 137) (147.5, 157.5, 167.5) cm.

It has finished chest circumference of 35 (39.25, 43, 47.25) (51, 55.25, 59) (63.25, 67, 71.25)" / 87.5 (98, 107.5, 118) (127.5, 138, 147.5) (158, 167.5, 178) cm.

Choose a pattern based on your upper bust measurement. Intended positive ease is 1-5" / 2.5-12.5 cm at the full bust and at hips, and 2.75" / 7 cm at the upper arm. If additional room is needed, optional bust darts are available. See "Bust Darts (Appendix)" on page 9 for details.

Aimee is wearing Size B, with actual 32" / 81 cm upper bust, 34" / 86.5 cm full bust, and 10.75" / 27.5 cm upper arm, with 5.25" / 13.5 cm ease.

Gauge

21 sts and 28 rows/rounds = $4 \times 4'' / 10$ cm knit flat or in the round in Stockinette stitch with Needle A, and in 2×2 rib in Needle B.

Materials & Tools

Yarns

SINGLE COLOR

3 (3, 4, 4) (4, 4, 4) (4, 4, 4) hanks **each** of Neighborhood Fiber Co's Organic Studio Sock (100% Organic Merino / 400 yards / 113 g / 4 oz) **held** with Loft (70% kid mohair + 30% silk / 457 yards / 50 g / 1.75 oz), both shown here in Barclay.

OR each of the held together yarns OR a DK weight yarn in the following amounts:

1050 (1150, 1250, 1350) (1440, 1560, 1680) (1800, 1940, 2050) yards / 960 (1050, 1140, 1230) (1320, 1430, 1540) (1650, 1770, 1870) meters

Bust darts will require additional yardage. See "Bust Darts (Appendix)" on page 9.

COLORBLOCKED

Color A: 250 (280, 300, 330) (340, 380, 400) (440, 480, 510) yards / 230 (260, 270, 300) (310, 350, 370) (400, 440, 470) meters

Color B and C, each: 410 (460, 520, 570) (610, 680, 730) (810, 890, 950) / 370 (420, 480, 520) (560, 620, 670) (740, 810, 870) meters

Bust darts will require additional yardage in Color B only. See <u>"Bust Darts (Appendix)" on page 9</u>.

Shown here in Merino in Snowflake, Soft Blue, and Deep Petroleum Blue.

Shown here in Soft Silk Mohair in Dusty Blue.

Yarn Substitution

Choose a smooth fingering weight yarn to hold double with a fluffy lace weight strand. Or use a standalone DK weight yarn.

Needles

A: Main Fabric: US 6 / 4.0 mm circular needles in 32" / 80 cm length or longer for larger sizes, to match body length.

B: Ribbing: US 3 / 3.25 mm circular needles in 32" / 80 cm or longer sizes, plus 24" / 60 cm needles for working small circumferences in the round (i.e. magic loop or DPN's).

Choose a needle for ribbing that matches the stitch gauge of the main fabric. This is critical for ensuring the neckband doesn't pucker or flip over.

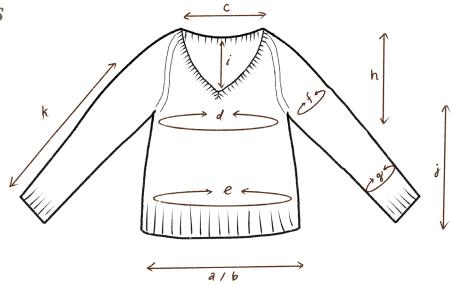
Notions

Stitch markers, waste yarn or stitch holder, tapestry needle, removable stitch marker

Construction Notes

- Sweater is worked top down flat until v-neck shaping is complete. Sweater is joined in the round and worked in the round to hem after splitting for sleeves. The sleeves are picked up and worked thereafter. Neckband is worked last.
- Pattern features optional, very subtle, A-line shaping to accommodate hips, since it's more fitted in the chest. If cropping the body, omit A-line shaping. If more shaping is desired, work one more set of increases halfway between the ones in the pattern as written.
- A Raglan Tracker PDF is included so you can track stitch counts by the row during raglan shaping, isolated in your size only.
- A planning PDF + Procreate file is included should you like to use it to plan color and yarn combinations.

Schematics



		Sizes										
		Α	В	С	D	Е	F	G	Н	I	J	Unit
Α	Front width	17.5	19.75	21.75	24	26.25	28.25	30.5	32.75	35	37	inch
		44	49.5	54.5	60	65.5	70.5	76.5	82	87.5	92.5	cm
В	Back width	17.5	19.5	21.25	23.25	24.75	27	28.5	30.5	32	34.25	inch
		44	49	53	58	62	67.5	71.5	76.5	80	85.5	cm
С	Back Neck	7.5	7.5	7.5	8	8	8.25	8.25	8.75	9	9	inch
		19	19	19	20	20	20.5	20.5	22	22.5	22.5	cm
D	Chest circumference	35	39.25	43	47.25	51	55.25	59	63.25	67	71.25	inch
		87.5	98	107.5	118	127.5	138	147.5	158	167.5	178	cm
Е	Hip circumference	36.5	40.75	44.5	48.75	52.5	56.75	60.5	64.75	68.5	72.75	inch
		91.5	102	111.5	122	131.5	142	151.5	162	171.5	182	cm
F	Upper arm circumference	12.5	13.25	14.5	15.5	16.75	18	19.5	21	22.5	24	inch
		31.5	33	36.5	39	42	45	49	52.5	56	60	cm
G	Wrist circumference	10.75	10.75	10.75	11.5	11.5	12.25	12.25	13	13	13.75	inch
		27	27	27	29	29	30.5	30.5	32.5	32.5	34.5	cm
Н	Armhole length	8.25	8.5	8.75	9	9.25	9.75	9.75	10.25	10.5	11	inch
		20.5	21.5	22	22.5	23	24.5	24.5	25.5	26.5	27.5	cm
I	V-neck length	7	7.25	7.25	7.25	7.5	7.5	7.5	7.75	7.75	7.75	inch
		17.5	18	18	18	19	19	19	19.5	19.5	19.5	cm
J	Body length	13.25	13.25	13.25	13	13	13	13	12.75	12.75	12.75	inch
		33	33	33	32.5	32.5	32.5	32.5	32	32	32	cm
K	Sleeve Length	19.75	19.5	19.25	19.25	19	18.75	18.75	18.5	18.25	18.25	inch
		49.5	49	48	48	47.5	47	47	46.5	45.5	45.5	cm

Modification Ideas

Lengthening/Shortening

BODY

To lengthen or shorten body and sleeves, add or remove "work even" rounds between the shaping rounds in each section. The total garment length from the side of neck to the hem is 21.5 (22, 22.5, 22.5) (23, 23.25, 23.75) (24, 24.75, 24.75)" / 54 (55, 56.5, 56.5) (57.5, 58, 59.5) (60, 62, 62) cm as written.

The yardage per 1" / 2.5 cm in the body is about 35 (35, 40, 45) (45, 50, 55) (60, 60, 65) yards / 30 (30, 40, 40) (40, 50, 50) (50, 50, 60) meters.

SLEEVES

As written, the sleeves extend 1.5" / 4.5 cm past the wrist to cover part of the hand. Plenty of "knit plain" rows are between the last tapered decreases and the cuff, so that you may adjust the sleeve length as desired.

Abbreviations

BOR beginning of round

DS make DS *

k knit

k2tog knit 2 together
M1L make 1 left *

M1L-p make 1 left on the wrong side *

M1R make 1 right *

M1R-p make 1 right on the wrong side *

p purl
rnd round
RS right side
sm slip marker
ssk slip, slip, knit
st(s) stitch(es)
WS wrong side

* See "Special Techniques (Appendix)" on page 11 for details on how to work these.

Colorblock Mod

To work the color-blocked version, change colors when garment measures 7 (7.25, 7.5, 7.5) (7.5, 7.75, 7.75) (8, 8.25, 8.25)" / 17.5 (18, 19, 19) (19, 19.5, 19.5) (20, 20.5, 20.5) cm, including half of the top of sleeve (see photo below--include both green and red sections).

Then, the next color change will be when you've knit 7 (7.25, 7.5, 7.5) (7.5, 7.75, 7.75) (8, 8.25, 8.25)" / 17.5 (18, 19, 19) (19, 19.5, 19.5) (20, 20.5, 20.5) cm more of body and sleeve.

While working the neckband, make sure that you work with an even tension so that the center front doesn't hike up and lift the line of the color change.

Use the coloring page PDF or Procreate file included with your pattern to plan your colors. This could be a great way to use up single skeins of fingering weight yarn. This is also a fun way to explore marling with the fluffy laceweight yarn.

To read more about length measurements in raglans, read our blog.



Printing Guide

Specs: Pages 2-5
Pattern: Pages 6-9
Bust Darts: Pages 9-10
Special Techniques: Page 11